



PARISH INFORMATION NEWS SHEET
Parishes of Newcastle and Newtownmountkennedy
with Calary

NOVEMBER 2023



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Parish Websites:
www.newcastleparish.org
www.newtownmountkennedyparish.org
www.calaryparish.org



Dear friends,

I still cannot believe that these are the November PINS notes, the year seems to be flying by!! As October ends, I would like to take this opportunity to thank everybody who made our Harvest Festival services so special. To all those who decorated Newcastle and Calary churches so beautifully, to those who prepared the delicious refreshments, to readers, church wardens, our fantastic organists Sheila and Charlotte, our guest preachers Rev. David Bowles and Rev. Canon Tom O' Brien, and to all of you for coming, as we gathered to give thanks and praise for the blessings and bounty that we enjoy. It was wonderful that, not only could we worship together, but that we could gather together as a community of faith, as friends, to share food in fellowship and enjoy each others company again. Thank you.

Our blessing of the animals services were a great success again and my thanks to all the well behaved animals, and their owners, who came to church! They were amazing! After our blessing of the animals service in Newcastle there was a dog show in aid of Will's Playground Fund. It was really well supported, with an amazing range of dogs, from the largest to the smallest! Our sincere thanks to everyone who worked so hard to organise it and run the competitions and to everyone who came. The dog show raised an amazing €2,400!

Our second phase of restoration works have been completed in St. Matthew's church and we were delighted to hold our first service back in the church on Sunday October 8th!

On Friday 13th October, family and friends gathered at Newcastle Church, in beautiful sunshine, to celebrate a very special occasion, the wedding of Clara Byrne and Rory Cunningham. We wish them every blessing in their future life together.

October was a very busy month in Calary, with concerts and and an art exhibition. My thanks to everyone who makes these events such a success!

During the coming season of Advent we will be holding a weekly Advent reflection, looking on Advent through the light of different passages of scripture, at 8pm in the parish centre, beginning on Wednesday 29th November. All are very welcome!

This year, we will once again have our Every Decade service in Newcastle church, on Sunday 26th November, a chance to come together, worship and speak about our vision for the parish, with food afterwards! All are warmly welcome.

In 2021, as part of our 'Go The Distance' walk, we raised money for the Al Ahli hospital in Gaza. This hospital is run by the Anglican diocese of Jerusalem, which has a very close relationship with our diocese of Dublin and Glendalough. It is a hospital that treats all people, regardless of faith or ethnicity, a living witness of God's love since 1882. Unfortunately events in the Holy Land saw it badly damaged, with several hundred people killed. It is our hope to collect for this hospital again during Advent.

This year our Community Crib will return to Newcastle village, with the fantastic Nativity scene that Youth Club built last year. We hope to hold a community event for it's reopening, with carol singing! Watch this space!

On Saturday 9th December, St. Matthew's Christmas Fair returns, with hot chocolate, food, games, crafts, gift ideas, singing, special guest and lots more! We hope to collect for the Al Ahli hospital at the fair.

As we progress towards Advent Sunday, the start of a season of preparation and hope, for the coming of the light of the world, the birth of our Saviour, a light of love that shines brightly in our world, no matter how dark the days become, may I wish you, and all whom you love, a blessed Advent.

Take care and God bless,
Ross



CATCH THE VISION!

We're inviting you to attend the

EVERY DECADE SERVICE

**in Newcastle Church at 11.30am
on SUNDAY 26th NOVEMBER
with people of every age taking part**

followed by

SUNDAY LUNCH

**in the Parish Centre
with delicious food
and updates on the
PARISH PLAN**

***Please let Karen know at 087-2866889 if you
can attend for seating and catering purposes***

Advent Reflection

Wednesdays at 8pm
in the Parish Centre
starting 29th November

Looking at Advent
through the light of different
passages of scripture



Dates for your Diary

Carol Services 2023

Newcastle/Newtownmountkennedy

17th December

Calary

20th December



Christmas Box Appeal

It's that time again!

There will be boxes in the back of St Matthew's Church for anyone wishing to make contributions of food (non-perishable only)

Please note: we cannot accept toys or books.

This food will be delivered to deserving families at Christmas by the Rector.

Thanks to Jane O'Herlihy for organising again.

We cannot help but be moved by the plight of the ordinary people in Gaza, therefore we are pleading with you, our friends and neighbours for help. We plan to hold a Christmas Fayre in the grounds of St. Matthew's Church of Ireland in Newtownmountkennedy on Saturday 9th December with music in the church during the afternoon.

I know everybody is very busy at Christmas but at least we will have a Christmas, the people of Gaza will not. With little food, water or shelter from the elements, their hospitals destroyed, life for them is grim.

How do you feel you could help? Do you sew, cook, or craft? Are you an entertainer, maybe part of a choir or a musician who could give us a couple of hours of your precious time? Would you be willing to pay to set up a stall to sell your own produce, sell from your car boot, or prefer to simply give us a percentage of your sales?

Could any business offer us a generous raffle prize? We will also be happy to accept cash donations if you would find that easier. We are simply reaching out to everybody asking you to help in whatever way you can because no matter how difficult life is for us, it bears no comparison to the pain and suffering being endured by the people of Gaza.

Please contact us with all your kind offers of help to the parish office, nandnparishoffice@gmail.com or by phone or text to Caroline 0872553001

Caroline



**JOIN US FOR SOME
EARLY CHRISTMAS
FUN!**

Saturday 9th December, 3pm-5:30pm

St. Matthew's Church

Newtownmountkennedy, A63 RC53

Hot Chocolate | Mulled Wine
Festive Music
Food | Crafts | Stalls | Special Guest!



Christmas Outing
Tuesday 12th December

Book your place
with Karen



Downstairs in the Parish Centre

Friday mornings

10.30 am to 12.30 pm

Everyone very welcome!

RECTOR'S

Breakfast



Tuesdays, from 8:45

During Termtime

in the Parish Centre

All very welcome!

Prayer Space

*Tuesday mornings from
9:15am*

As you know, you can contact me by phone or e-mail at any time and we can meet anywhere for a chat or prayer but also I am in my office at the parish centre each Tuesday morning, please feel free to drop in and say hello!

Ross

Monday afternoon during term time:
Junior Infants - 1st Class 2:20pm-2:50pm
2nd to 6th Class - 2:20pm - 3:20pm

Junior Choir

Come and have a sing!

Sunday CLUB

SUNDAY 5TH & SUNDAY 19TH NOVEMBER
AT 12NOON, NEWCASTLE CHURCH

LOOKING FORWARD TO SEEING YOU FOR FUN,
GAMES, CRAFTS AND MORE!!

YOUTH CLUB

Join us!

Newcastle Parish Centre

Friday 10th November

from 4th Class to 1st year

Junior Table Tennis
Mondays 7 - 8pm
at the Parish Centre.
All aged 9 and over
very welcome!

PONG
PONG

Starting Soon!

YOUTH

group

1st year up!

*Parish of Newcastle and
Newtownmountkennedy with Calary*



For children currently in 6th and 1st year
and to anyone who wishes to be confirmed.
Please contact Ross to register your interest!

Confirmation 2024
Classes commencing November 2023



**Thursdays at 7.30pm
in the Parish Centre.**

ADULT CLUBS



TABLE TENNIS

Mondays 8pm

Parish Centre

CALARY NEWS

Sr. Mary Supper/Concert

We had a terrific turnout for both the concert and supper in aid of Sr. Mary's work in the MPC centre in Mukuru slums of Nairobi. The supper was splendid. Thank you to all those of you who helped set up, prepared food, donated raffle prizes, bought raffle tickets, cleared up afterwards and made it one of the best Supper/Concerts we have had in Calary ! An impressive sum of money was raised on the night and is still coming in. Every cent raised goes directly to some vital project that is ongoing in the centre. It is also good to know also that ONE euro goes as far as TEN in Nairobi. If you would like to make a donation please contact Ross or Charlotte on 086 835 4394 or any member of the select vestry.

Harvest Service

The weather was unusually 'summery' for our Harvest Service this year. We welcomed Revd. Tom O'Brien, rector of Crinken to Calary. The church was decorated beautifully, and our Harvest Tea was more like a garden party! The collection goes to Bishops Appeal.

Art Exhibition

Another fabulous Art Exhibition in Calary was held over the weekend of 20th – 22nd October. This was a mammoth task!! We had over 220 exhibits. We had a mighty team of 'hangers' on Thursday and everyone helped out over the weekend. We had a quiet opening night though as a rain storm kept people away. However, they made up for it over the weekend as we had a steady flow both days. The church and church room looked magnificent. We sold 50 exhibits which is well above the average for an exhibition. A beautiful concert on Friday night was cut short due to the weather but nonetheless we were treated to a stunning performance on the pedal Harp by Clare McCague and she was joined by soprano Catrina Scullion who included beautiful Irish melodies in her recital. June ran a Plant and Country Produce sale on Saturday 22nd in aid of Fields of Life. A great variety of produce was on display.

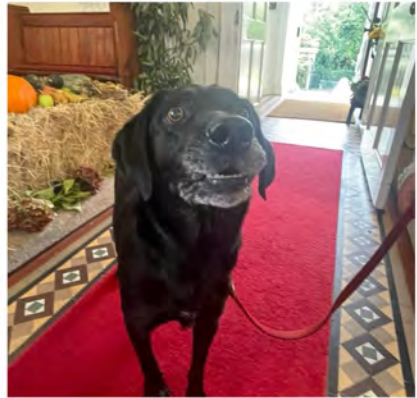
All in all, we have had a busy month of October. in Calary!



*Sr
Mary
Supper
and
Concert*

*Calary
Art
Exhibition*





Newcastle Harvest & Blessing of the Animals



Wildlife in November

Foxes are very active this month as tensions start rising within the family group and cubs begin to disperse to look for their own territory. The fox breeding season runs from around December until February, but you might start to hear more calling even now.



Badgers are starting to venture out less as the nights get colder. Badgers don't hibernate, but they are generally much less active during the winter, preferring to spend the coldest months underground, where their cubs will be born early in the new year.

Smaller mammals are busy, either stocking their larders for the winter (**bank voles**, **wood mice** and **squirrels**, for example) or eating as much as they can to put on sufficient weight to see them through the cold months of hibernation such as **bats** and **hedgehogs**. Hedgehogs looking for suitable hibernation spots are attracted to large piles of leaves and branches. Please check bonfires for hibernating hedgehogs before lighting them.

On our coastlines **seal pups** are taking to the water for the first time and **barnacle geese** fly in for the winter. **Starling** populations swell—you might even see a murmuration.

Reptiles will still be out and about until the air temperature drops below about 10 Celsius and even below that they can sometimes be found basking in sheltered, sunny spots but generally

there is little activity this month. Some **frogs** and **toads** will remain in ponds all winter, hibernating at the bottom among the sediment, but most amphibians will spend the winter under logs and leaf litter until things warm up next spring.

There are a few butterflies still on the wing, visiting ivy and windfall fruits, including **red admirals**, **peacocks** and **commas**. **Ladybirds** will start gathering *en masse* under bark, in window frames and sheds/garages to spend the winter in torpor, while most beetles will be retreating underground or under logs. Many insects will overwinter in long grass.

Late autumn/early winter is a good time to look for **mosses**, **lichens**, **wall ferns** and **spleenworts**. November sees flowering ivy offering late-flying insects a much-needed source of nectar, while wild fruit comes in the form of **black bryony berries**, a few **rowan trees** with fruit, **Cotoneaster berries** and **holly berries**.

Fungi are also evident this month, such as the bright but deadly **red-capped fly agaric**.



Looking after your mental health during difficult news events

The MindMatters Church of Ireland team and the Press Office have put together some resources for when the news cycle gets overwhelming.

As the present conflict in the Middle East continues, the following written prayers and remarks may be beneficial in responding in Christian faith and acknowledging our thoughts and emotions about what we see and hear in the news.

A Prayer for the Peace of the World

Almighty God, from whom all thoughts of truth and peace proceed; Kindle, we pray thee, in every heart the true love of peace; and guide with thy pure and peaceable wisdom those who take counsel for the nations of the earth; that in tranquillity thy kingdom may go forward, till the earth is filled with the knowledge of thy love; through Jesus Christ our Lord. Amen.

A Prayer for the Sick and Suffering

Heavenly Father, we pray for the sick and suffering. Help them to know your love that they may seek strength from you, and find peace and healing in your presence; through Jesus Christ our Lord. Amen.

Looking after your mental health when difficult news breaks

The Mental Health Foundation has created some advice to help you cope and support your loved ones during these uncertain times.

When intense suffering is covered in the world news, it can affect our mental health. After learning about global events that cause uncertainty, you may feel fear, anxiety or a loss of control over your own life and plans. You may worry for the safety of strangers, loved ones or yourself. And if you have lived through similar events in the past, it may bring up traumatic memories.

- Know that whatever you feel is valid.
- Know that God (and others around you) cares about you and your mental health.
- And know that you are not alone in this.

Staying informed – but being aware of your limits

Ask yourself – “How much information and difficult world news am I currently taking in? And how does it make me feel?”

If it’s having a negative effect on how you feel, try to:

- take a short break from the news
- mute or turn off news notifications on your smartphone
- mute or unfollow social media accounts that are reporting on it
- or limit your news intake to once a day

If you find that the break has helped, then try to continue:

- to stay informed in bitesize portions
- to take space from the news when you need to
- to pause and check in on how you feel
- to engage with different social media platforms based on how they make you feel

Seeking support in a community

If the uncertainty surrounding the news is bringing about feelings of fear and isolation, remember that there are always other people that are feeling the exact same way right now and that there are things that we can do to tackle this.

Something you can do to tackle these feelings is to connect with your local community. This can help you to feel more empowered, connected and less alone.

You can connect with your local community by:

- getting involved in local volunteering opportunities
- joining local groups working on issues that are important to you
- joining a local social media group to connect with people in your local area and come back when you feel ready.

Looking after your general mental health

Try to keep allocating time to things, activities and actions that are good for your mental health.

What works will be different for each person, so tune into what is right for you. Here are a few things to get your started. Try to:

- have a healthy sleep routine
- bring movement into your day
- nourish your body and mind with healthy foods
- spend quality time with friends, family and loved ones
- connect with the natural world to help reduce stress and improve your mood

You can find out more about our MindMatters mental health awareness initiative on its website at <https://mindmatters.ireland.anglican.org>

Parish Registers

Wedding at Newcastle Church

Friday 13th October 2023
Clara Byrne and Rory Cunningham.



If you have an item for December PINS
please send it to Karen at
nandnparishoffice@gmail.com

CRAB OR BRAMLEY APPLE JELLY

Ingredients

1½ kg crab or bramley apples
1 lemon, zest pared and half juiced
around 450g white caster or granulated sugar

Special equipment

Jelly bag

Method

STEP 1

Wash and drain the fruit, then cut the apples in half and add to a large, heavy-based saucepan with an equal quantity of water and the pared lemon zest. Bring to the boil, then reduce the heat and simmer for 20-25 mins until the apples are pulpy. Stir occasionally using the back of a wooden spoon to help break down the fruit.

STEP 2

Remove from the heat and allow to cool a little. Place the fruit pulp in a jelly bag and allow the juice to drip through into a large bowl (this will take several hours, so doing this overnight is ideal). If you force the fruit through, this will create a cloudy jelly.

STEP 3

Put two small saucers in the freezer – you will use these to test the setting point of the jam.

STEP 4

Weigh the fruity liquid and return to a large saucepan. Weigh three quarters of sugar to your total liquid amount (for example, if you have 400g of liquid, add 300g of sugar).

STEP 5

Add the sugar to the juice with the lemon juice, and stir over a medium heat until completely dissolved. Turn up the heat and bring the fruit to the boil. Stir occasionally and allow to boil hard for about 8 mins, removing any scum with a spoon. If using a thermometer, you're looking to reach 105c. If not, check the setting point of the liquid after 8 mins by removing a saucer from the freezer and adding a teaspoon of the liquid to the plate. Allow to sit for a minute, then push your finger through the liquid. If it starts to wrinkle, the jelly is ready. If not, return to the boil and try again after another minute.

STEP 6

Pour into sterilised jars and allow to cool completely. You can sterilise the jars by washing them in hot soapy liquid, rinsing and placing in an oven at 180C/160C fan/gas 4 for 5 mins. Remove carefully and allow to cool. Store in a cool, dark place.

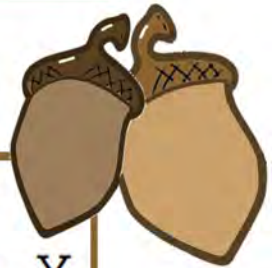




Autumn



WORD SEARCH



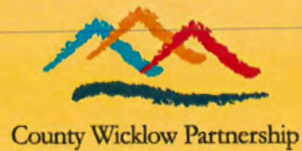
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SCARF
TREE
ACORN
HAY

APPLE
FALL
PUMPKIN
SWEATER

BOOTS
RAKE
PIE
LEAF



Youth Addiction Service

New Initiative by Wicklow Child & Family Project
Funded by ECRDATF



What We Do:

- One to One project work
- Group work
- Confidence & social skills building
- Empowering young people through personal development
- Goal focused intervention
- Harm reduction
- Supporting families of the young people we work with

Who we work with:

Teens under 18 years who have a history of drug or alcohol use

For enquiries or more information please contact

0404 64725

adminwcandfp@wicklowpartnership.ie

PICKLEBALL FOR WOMEN

**Tuesdays starting 14th
November at 7.30pm**

**Newcastle
Community Centre**

#WomenInSportIRE



Sports & Recreation Partnership
Comhpháirtíocht Spóirt agus Áineasa Chill Mhantáin

— SPORT IRELAND —

New Community WhatsApp Group for Newcastle

A new community WhatsApp notice board group has been set up to publicise all that's going on in the area.

Just use the link to join

<https://chat.whatsapp.com/Jz41KdKXMKEldVdL8QVLS4>

SERVICES IN NOVEMBER

DATE	CHURCH	TIME	?	SERVICE	READING
Sunday 5th <i>4th Sunday before Advent</i>	Calary	9.30	RS	HC	Joshua 3: 7-17 Psalm 107: 1-7, 33-37 1 Thess. 2: 9-13 Matthew 23: 1-12
	St Matthew's	10.45	RS	HC	
	Newcastle	12.00	RS	HC	
Sunday 12th <i>3rd Sunday before Advent</i>	Calary	9.30	RS	Service for Remembrance Sunday	Isaiah 2: 1-5 Psalm 4 Romans 8 : 31-39 John 15 : 9-17
	St Matthew's (Joint Service)	11.00	RS		
Sunday 19th <i>2nd Sunday before Advent</i>	Calary	9.30	RS	MP	Judges 4: 1-7 Psalm 123 1 Thess. 5: 1-11 Matthew 25: 14-30
	St Matthew's	10.45	RS	MP	
	Newcastle	12.00	RS	MP	
Sunday 26th <i>The Kingship of Christ</i>	Calary	9.30	RS	MP	Ephesians 1: 15-23 Psalm 100 Matthew 25: 31-46
	Newcastle (Joint Service)	11.30	RS	Every Decade Service	

Holy Communion is celebrated every Wednesday, with prayer for the sick, at 10.30am in St. Matthew's

Everyone is welcome to the McLean Room for tea/coffee afterwards.

