

# CHASING RAINBOWS

IN AID OF NEWCASTLE PARISH &  
NEWCASTLE COMMUNITY CENTRE

1k / 2k or more!  
Loop with Obstacles

Walk Skip  
or Run

## FUN COLOUR RUN & Family Day Out

**15<sup>th</sup> June 2019**

BBQ • Beverages • Entertainment • Photobooth

Register/collect wristband from 11.45am

Warmup @ 12.15pm

Run starts @ 12.30pm

**BOOK TICKETS ON [www.eventbrite.ie](http://www.eventbrite.ie)**

BEFORE JUNE 1<sup>st</sup>

OR CALL INTO PARISH OFFICE

**NEWCASTLE VILLAGE**

**CO. WICKLOW**

**ADULT €10**

**CHILD €8**

**FAMILY of 4 €30**



Wear old clothes &  
sunglasses  
Go Eco - Bring your own  
water bottle!

Spectators can purchase  
Holi Powder on the day.  
Free bag for Participants to  
throw during warmup!

*All children must be supervised!*

Queries: Niamh 087 805.3000 Tina 086 606 9324 Orla 086 041 1932

See [www.newcastleparish.org](http://www.newcastleparish.org) for more race info / guidelines.



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Feel free to wear sunglasses, bandana, cap or a dust mask!

And of course white for maximum effect!

It will wash out of clothes, sometimes needing a few washes. Be mindful of leathers and suedes as these absorb more colour

Bring a change of clothes for the car trip home or a towel to sit on.

Please bring your own water bottle! We will have refill stations in the field.

Ziploc bag for your phone might be wise.

If you have blond or highlighted hair, you can choose to oil your hair before the race as it washes out easier

The Holi powder is food certified but contains corn starch.

Flush with water if it gets into your eyes.

Breathing it in for a short period of time should not pose any problems.

The field is a loop so young children are welcome and can stop the run at any time should the need arise.

There will be a list of sponsors on view at the registration tent on the day. Please contact us if you would like to sponsor a colour station or part of one!

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